

ANNUAL GENERAL  
MEETING  
JANUARY 29, 2020



MAMFT

Manitoba Association for Marriage and Family Therapy

# AGENDA

## TABLE OF CONTENTS:

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**1. Call to Order**

**2. Acceptance of Agenda**

**3. Acceptance of Minutes of AGM December 7, 2018**

**4. Reports**

- a. President - Deb
- b. Treasurer - Ellie
- c. Membership Update – Deb
- d. Regulation Committee – Ellie
- f. Communications Committee - Elan

**5. Thank you and farewell to Committee & Board Members**

**6. Elections**

- a. Nominations from the floor
- b. Voting/Acclamation process - Deb

**7. Items from the floor**

**9. Adjournment**

## President Report

Thank you for taking the time to read this report and if you have joined us at our AGM today – welcome and thanks for coming. Today's meeting is our 2019 AGM as we (the board) felt we needed a bit more time to ensure that we could share with you with the options that have presented themselves to the association and Marriage and Family Therapists in the Prairies over the past year.

We have been associated with the American Association of Marriage and Family therapy as an association for many years and became an Independent Affiliate International (IAI) with AAMFT (American Association of Marriage and Family Therapy) May 1, 2018. The annual conference was held in Austin, Texas and one of our board members attended as a representative of MAMFT. Key conference themes over the past few years have been leadership training, how to manage organizations in a fiscally responsible way and most importantly the message was what are our members wants and needs? This leads us to the discussion at today's AGM and determining the best route for association members and the MFT community.

I am disappointed to share that our membership fees have not been reduced as yet and this may be one of the reasons for the declining membership numbers between January 2019 to December 2019. Please see details in the membership report. We continue to work with AAMFT to get this issue resolved.

Becoming an IAI has been challenging as we work through the transitions and adapt to the transformation of the new AAMFT structure. We are learning as we go and must submit reports at the end of each year highlighting the work we have done as an association and a proposed budget.

As we look to the year ahead the vision of the association requires some clarity from our MFT community. What is available and where do we go from here? We need to review whether the current association as an International Affiliate is a relationship we can maintain and gain from or is there another route for us to take.

This year we did not have a nominating committee and nominations will be open to the floor so if you are reading this in advance please consider helping where you can.

Regulation continues to be the focus and the committee has been working diligently to ensure that they can present a complete application to the government. See regulation committee report.

This year we have been approached by several insurance companies requesting information to determine if Marriage and Family Therapists who are members of the association could be covered under some insurance plans. The application for one insurance company has gone forward and information is outstanding at this time.

I would like to take this opportunity to thank the current members who have participated in MAMFT activities throughout the year and student members who have participated in

discussions and brought forth ideas. Thank you to Tammy Aime who has taken care of our membership lists over the past two years. We will be looking for a new membership chair.

I will be stepping down as President this year and Elan Jury will be taking on the role of President. The other board members have agreed to stay on for the year as well. You will be in good hands as this group comes with enthusiasm, professionalism and a fresh view to the association.

Respectfully submitted,

Deb Bomek

### **Membership Committee Report**

The Membership Committee of the Manitoba Association of Marriage and Family Therapy (MAMFT) exists to monitor and promote membership recruitment and retention of current and future MAMFTs in the province. This is achieved primarily through establishing contact with new and existing members who have either joined the association or allowed their membership to lapse. Electronic letters welcome new members and outline current resources available as well as extend an invitation to individuals to become an active part of the association. Emails to dropped members serve as friendly reminders to pay past dues and /or share any concerns or reasons for not renewing membership. The membership levels are monitored monthly.

Membership over the last year has seen a decline from 124 members to 95 in December. Membership is spread over five categories: affiliated, clinical fellow, pre-allied, pre-clinical, and student.

Sincerely,

Tammy Aime, MFT (student)

Membership

2019 MAMFT BUDGET		
<b>INCOME:</b>	<b>Budgeted</b>	<b>Actual</b>
AAMFT Membership Dues Rebate	\$4,500.00	\$3,667.28
AAMFT Grants	\$0.00	
Donations	\$0.00	
AGM Revenue	\$200.00	
Advertising	\$0.00	\$ 150.00
Conference / PDC	\$0.00	
<b>Gross Total Income</b>	<b>\$4,700.00</b>	\$3,817.28
<b>EXPENSES:</b>		
<b>Leadership or CAMFT Conference [budgeted 1-person, 3-days]</b>	<b>Spring</b>	
Board Member Travel	\$300.00	\$686.18
Registration	\$90.00	
Accommodations 3 Nights/1Room	\$340.00	
Meals (2 Days)	\$65.00	\$800.09
Telephone/Internet	\$20.00	
Miscellaneous (Baggage)	\$25.00	
<b>Total Leadership Expenses:</b>	<b>\$840.00</b>	\$1,486.27
<b>Annual National AAMFT Conference [1- persons, 5-days]</b>		
	<b>Fall</b>	
Board Member Travel	\$600.00	
Registration	\$350.00	
Accommodations	\$400.00	
Meals	\$290.00	
Telephone/Internet	\$25.00	
Miscellaneous (Baggage)	\$50.00	
<b>Total Conference Expenses:</b>	<b>\$1,715.00</b>	
<b>Sponsored Board Events</b>		
Board Meals	\$120.00	
Student Lunch	\$100.00	\$132.18
AGM Dinner & Meeting Expenses		
Facility Rental	\$50.00	
Food	\$300.00	
Beverage	\$150.00	
Misc	\$0.00	
<b>Total Board Events:</b>	<b>\$720.00</b>	\$132.18

<b>Professional Fees</b>		
Misc	\$50.00	
Tax Preparation	\$500.00	
Incorporation Fees	\$50.00	
<b>Total Professional Fees:</b>	<b>\$600.00</b>	\$
<b>Administration Fees</b>		
Postage	\$25.00	
Office Supplies	\$15.00	
Printing/Photocopying	\$25.00	
<b>Total Administration Fees:</b>	<b>\$65.00</b>	\$
<b>Communication</b>		
Website + Email	\$125.00	\$302.40
Advertising	\$500.00	\$519.75
Advocacy	\$500.00	\$1,253.22
Training	\$0.00	
<b>Total Communication Costs:</b>	<b>\$1,125.00</b>	\$2,075.37
<b>PDC Workshops</b>		
Speaker	\$150.00	
Advertising	\$0.00	
Registration Services	\$50.00	
Administrative Supplies	\$50.00	
Facility Rental	\$80.00	
Refreshments	\$100.00	
<b>Total PDC Costs:</b>	<b>\$430.00</b>	\$ -
<b>Miscellaneous</b>		
CAMFT Levy	\$1,280.00	
Gifts & Stipends	\$0.00	
<b>Total Misc Costs:</b>	<b>\$1,280.00</b>	\$ -
<b>SUMMARY</b>		
<b>TOTAL ANTICIPATED EXPENSES</b>	<b>\$6,775.00</b>	\$7,387.64
<b>Under Budget</b>	<b>-\$612.64</b>	

<b>Bank Balance as of: January 16, 2019</b>	<b>\$ 41,220.42</b>	
Current outstanding Cheques =		\$ 525.00
Anticipated remaining 2019 Expenses =		\$ -

Respectfully submitted,

Ellie Jack

### **Regulation Update**

Happy New Year, members of MAMFT! Thank you for your continued support as FACT-Manitoba (the Federation of Associations of Counselling Therapists of Manitoba) continues to work diligently towards the regulation of counsellors and therapists. In the past year, FACT-Manitoba has made significant progress in the application for professional regulation.

In small groups, we continue to work on the rigorous RHPA application, consisting of nine criterions that require significant attention and energy. Our current goal is to have the application submitted within the next calendar year. The members of FACT-Manitoba are ensuring that we put forth an intensive and exhaustive application to the provincial government.

Ongoing from last year, we gratefully seek support from Barbara MacCallum, Chief Executive Officer of the Canadian Counselling and Psychotherapy Association. We also have a new alternative representative from MAMFT who has joined FACT-Manitoba. Lise Dupuis has stepping in as the new alternative MAMFT representative for FACT-Manitoba. She has been a wonderful addition to the team, and I thank her for her willingness to volunteer for this role.

FACT-Manitoba is thankful for the continued patience and support of therapists in our province, and we intend for our application to emphasize the importance of our profession and the impact we have on our fellow Manitobans.

Ellie Jack

MSc. in Marriage and Family Therapy

Doctoral Student in Community Health Sciences

## **Communications Committee Report**

MAMFT continues to share articles of interest, employment and professional development opportunities through semi-regular email and Facebook posts, and we once again advertised in the Winnipeg Parent Magazine Survival Guide (which is a yearly manual for families).

In September 2019 MAMFT hosted lunch for the University of Winnipeg MMFT students attending the orientation session for this year. Elan spoke to the students about transitions and the future direction of the organization. There were many good questions and the desire to understand the changes ahead.

The next event that the committee has planned and organized is the event you are at today. Thank you for coming and we hope you enjoyed yourselves. Thank you to all of you who worked at putting this event together. We couldn't have done it without you.

Respectfully Submitted,

Elan Jury, MFT